

An Order for Spiritual Communion

(This order of worship may be used either with or without the elements of Holy Communion.)

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Holy Spirit come upon me, O Lord, I pray, that he may both mercifully cleanse my heart and defend me from all adversities, through Jesus Christ our Lord. Amen.

The Epistle

“Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me.”
(Revelation 3:20)

The Gospel

Jesus said, “I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.” (John 15:5)

Take a moment to think of the joys and failures of the past week. Recall any sins you have committed since your last Communion and offer them to Christ. “If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” (1 John 1:9)

Lord God, I confess that I have sinned against you and against my neighbor, and have done what is evil in your sight. I am truly sorry and I humbly repent. For the sake of your Son Jesus Christ, have mercy on me and forgive me. Wash away my wrongdoing and cleanse me from my sin. Renew a right spirit within me and restore me to the joy of your salvation, through Jesus Christ our Lord. *Amen.*

May almighty God, who sent his Son into the world to save sinners, bring me his pardon and peace, now and for ever. *Amen.*

The following prayer is said. If the elements of Holy Communion are present, the words in brackets are omitted.

In union, dear Lord, with the faithful at every altar of your Church where your blessed Body and Blood are being offered, I offer you praise and thanksgiving. I believe that you are truly present in the Holy Sacrament and [since I cannot now receive you sacramentally] I pray that you would come spiritually into my heart. I unite myself with you and embrace you with all the affections of my soul. Let me never be separated from you, and let me live and die in your love. *Amen.*

Come, Lord Jesus, dwell in your servant in the fulness of your strength, in the perfection of your ways, and in the holiness of your Spirit, and rule over every hostile power in the might of your Spirit. *Amen.*

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

If the elements of the Holy Communion are present they may be received and consumed at this time; and the following may be said.

May the Body and Blood of our Lord Jesus Christ preserve my body and soul unto everlasting life. *Amen.*

Blessed, praised, hallowed and adored be our Lord Jesus Christ, on his eternal throne in Heaven, in the holy Sacrament of the Altar, and in the hearts of his faithful people. *Amen.*